



COVID-19 Protocols *

The following COVID-19 protocols are based on the Reopening Protocol for Youth and Adult Recreational Sports Leagues: Appendix S established by the Los Angeles County Department of Public Health and will apply to CYC Invitational Youth Basketball activities for the 2022-23 basketball season.

- Basketball is classified as a high-contact sport and indoor basketball is permitted and COVID-19 protocols apply based on County Risk Levels. Please refer to the Los Angeles County website for current risk levels (<http://www.ph.lacounty.gov/media/Coronavirus/data/index.htm>)

All Teams and participants must implement all applicable measures listed below:

MEASURES TO ENSURE PARTICIPANT, COACH, SPECTATOR AND SUPPORT STAFF SAFETY

- As much as possible, participants are to maintain a) a physical distance of at least six feet between each other at all times; and b) an eight feet distance between each other during times of heavy physical exertion.
- It is recommended that all sports participants wear an appropriate face mask that covers the nose and mouth at all times before, during and after games, even during heavy exertion as tolerated to protect the safety of all participants. During competitions, it is recommended that face coverings be worn when not participating in the activity (e.g. on the sidelines). This applies to all adults and to children 2 years of age and older.
- It is recommended that all coaches, support staff, family members, observers and visitors wear an appropriate face mask that covers the nose and the mouth at all times. This applies to all adults and to children 2 years of age and older.

In order to enter a facility, participants, coaches, officials and spectators must adhere to the following:

- If the person has no symptoms, is not currently under isolation or quarantine orders, and no contact to a known COVID-19 case in the last 5 days, they can be cleared to participate for that day.
 - If the person has had contact to a known COVID-19 case in the last 5 days or is currently under quarantine orders, they must be sent home immediately and asked to quarantine at home. Provide them with the isolation instructions found at (<http://publichealth.lacounty.gov/acd/ncorona2019/covidisolation>).
 - If the person is showing any of the COVID-19 related symptoms or is currently under isolation orders, they must be sent home immediately and asked to isolate at home. Provide them with the isolation instructions found at (<http://publichealth.lacounty.gov/acd/ncorona2019/covidisolation>).
- Participants should bring their own pre-filled reusable water bottles. Water fountains are available to fill water bottles only.
- Informed Consent for Youth Sports:
- Due to the nature and risk of transmission of COVID-19 while participating in Indoor sports and Outdoor High-Contact sports, teams must implement and strictly adhere to an informed consent process for participants and their parents/guardians. Informed consent must provide information regarding this risk to all participants and all parents/guardians of minors participating in such sports. Adult participants and parents/guardians of minors must affirm their understanding and acknowledgement of the risks by signing and submitting their CYC Registration Form.
- Observers are only permitted indoors for youth sports (age 18 and under). It is recommended that Observers wear a mask at all times and maintain at least a six foot physical distance from non-household members. Observers should refrain from shouting, singing, or chanting as these activities increase the volume and spread of respiratory droplets.
- Participants, coaches, and support staff should cohort by team, and refrain from participating with more than one team over the same season or time period. For youth sports, see CDC Guidance on Schools and Cohorting.

- Participants, coaches, support staff and employees are discouraged from making unnecessary physical contact with one another (for example, high-fives, handshakes, fist bumps) to limit the potential for disease to spread.
- COVID-19 Case Reporting:
 - For Youth Sports, the coach and/or team representative will notify their Organization Representative as well as the CYC COVID Compliance Agent, who is required to notify the Los Angeles County Department of Public Health (LACDPH) of all confirmed cases of COVID-19 disease among participants who had been at the site at any point within 14 days prior to illness onset date. The illness onset date is the COVID-19 test date or Symptom Onset Date of the infected person, whichever is earlier. To help slow the spread of COVID-19, complete the Contact Tracing form online using the following web application (<http://publichealth.lacounty.gov/acd/ncorona2019/covidisolation/#ContactTracing>).
- Returning to Sports after Infection:
 - You must isolate for at least 5 days. How long you have to isolate depends on whether you have symptoms and if you get a negative follow-up viral test on Day 5 or later and you no longer have any symptoms. Additional information can be found at the following website (<http://publichealth.lacounty.gov/acd/ncorona2019/covidisolation>).
 - No one with symptoms of COVID-19 or who is in isolation or quarantine for COVID-19 is permitted to attend practices or competitions.
- Some gyms may have their own COVID-19 protocols which supersede the protocols listed above and all participants, players, coaches, officials, observers will follow the protocols if it applies.
- This form can be downloaded from the CYC website (<https://cycbasketball.org/forms>)

*All protocols above are Subject to Change based on current County Risk Levels